

# Haiti Needs Our Help



## Haiti Relief Kit Contents

You are welcome to donate an entire kit,  
or components of the kit.

- 4 large bars bath soap (leave in wrapping)
- 1 plastic bottle shampoo (380-710ml; place in a re-sealable plastic bag)
- 4 large **bars** laundry soap (if unavailable, MCC has its own sources)
- 1 squeeze-tube toothpaste (leave in packaging)
- 4 adult-size toothbrushes (leave in packaging)
- 4 new bath towels (medium weight, dark or bright colors)
- 2 wide-tooth combs (15 to 20cm)
- 1 fingernail clipper
- 1 box adhesive bandages (min. 40, assorted)
- 1 package sanitary pads (18-24 thin max)

## Sheet Details

- new, double, queen or king-size, flat sheets  
300 thread count or higher  
cotton  
light color (which is not as attractive to mosquitoes)

**\*Place contents in box or bag and deliver to one of the drop-off locations listed below. MCC will re-pack the kits in a new 5-gallon plastic pail with lid.**



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